

## Appendix 1

### Code status discussions in medical inpatients: results of a survey of patients and physicians

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### Patient Questionnaire (English translation)

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Gender:  female  male  other

Age (years):  <30  31-40  41-50  51-60  61-70  71 – 80  81 – 90  >90

Place of hospitalisation

Internal Medicine  Surgery (Traumatology/Orthopaedics, Heart Surgery, Vascular Surgery)

Have you stayed in intensive care during your hospitalisation?

yes  no

Do you remember having had a code status discussion?

yes, I had a code status discussion

no, I did not have a code status discussion

I do not remember

Do you have an advanced directive?

yes  no

Did the code status discussion cause any concerns?

0 (not at all) – 100 (many) \_\_\_\_

**During the code status discussion, how strongly were you concerned about suffering from a cardiac arrest?**

0 (not at all) – 100 (very much) \_\_\_\_

**During the code status discussion, how strongly were you concerned about suffering from a substantial disease?**

0 (not at all) – 100 (very much) \_\_\_\_

**During the code status discussion, how strongly were you concerned that the physicians might not conduct all treatments potentially available?**

0 (not at all) – 100 (very much) \_\_\_\_

**Have you had the impression that the physician who conducted the code status discussion agreed with your decision or had another opinion?**

had another opinion  agreed with my decision  do not know

**Have you had the impression that the physician who conducted the code status discussion tried to influence your decision?**

yes  no

**Did you feel under pressure to make a decision regarding your code status?**

0 (not at all) – 100 (very much) \_\_\_\_

**Would you have appreciated more time for consideration with regard to your code status?**

yes  no

**How satisfied were you with your code status discussion?**

0 (not at all) – 100 (very much) \_\_\_\_

**How comprehensible was your code status discussion?**

0 (not at all) – 100 (very much) \_\_\_\_

**What is the code status you opted for?**

- Cardiopulmonary resuscitation  yes  no  do not know/remember
- Intubation  yes  no  do not know/remember
- Medication for circulatory support (e.g., adrenaline)  yes  no  do not know/remember

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## Physician Questionnaire (English translation)

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**Gender:** female male other

**Age (years):** <30 / 31-40 / 41-50 / 51-60 / >60

**Position:** Resident Senior physician Consultant

**Medical field:** A&E Internal Medicine Intensive Care Haematology/Oncology Surgical  
Department (\_please specify\_)

**In your opinion, what is an adequate duration of a code status discussion?**

In Min \_\_\_\_

**In your opinion, how long should a code status discussion maximally last?**

In Min \_\_\_\_

**Are there certain circumstances in which you set a DNR code status without patient involvement?**

no

if yes, in which circumstances

dementia very old patients metastatic cancer

other palliative diseases iv. drug abuse

**How confident do you feel to conduct a code status discussion?**

0 (not at all) – 100 (very much) \_\_\_\_

**Do you believe that code status discussions generally concern patients?**

0 (not at all) – 100 (very much) \_\_\_\_

**By your estimation, how much do patients understand of a code status discussion?**

0 (nothing) – 100 (very much) \_\_\_\_

**With which patients should a code status discussion be conducted?**

with all patients

with patients of a certain age \_\_\_\_ (please specify) \_\_\_\_

with patients that are at increased risk of dying

**What is the best time to conduct a code status discussion?**

at admission at a later time during hospitalisation

**By your estimation, what influence does the patient's cultural background have on code status decisions?**

0 (none) – 100 (very big influence) \_\_\_\_

**By your estimation, what influence does the patient's religion have on code status decisions?**

0 (none) – 100 (very big influence) \_\_\_\_

**Do you involve a patient's next of kin in a code status discussion?**

yes no

**Have you ever had a conflict with a patient/relative with regard to a code status decision?**

yes  no