Appendix 1

Code status discussions in medical inpatients: results of a survey of patients and physicians

Christoph Becker, Nicolas Kuenzli, Sebastian Perrig, Katharina Beck, Alessia Vincent, Madlaina Widmer, Emanuel Thommen, Rainer Schaefert, Stefano Bassetti, Sabina Hunziker

Original article | doi:10.4414/smw.2020.20194
Cite this as: Swiss Med Wkly. 2020;150:w20194 (Appendix 1)

Patient Questionnaire (English translation)

Gender:  □ female  □ male  □ other

Age (years):  □ <30 □ 31-40 □ 41-50 □ 51-60 □ 61-70 □ 71 – 80 □ 81 – 90 □ >90

Place of hospitalisation

□ Internal Medicine  □ Surgery (Traumatology/Orthopaedics, Heart Surgery, Vascular Surgery)

Have you stayed in intensive care during your hospitalisation?

□ yes   □ no

Do you remember having had a code status discussion?

□ yes, I had a code status discussion

□ no, I did not have a code status discussion

□ I do not remember

Do you have an advanced directive?

□ yes   □ no

Did the code status discussion cause any concerns?

0 (not at all) – 100 (many) ___
During the code status discussion, how strongly were you concerned about suffering from a cardiac arrest?
0 (not at all) – 100 (very much) ___

During the code status discussion, how strongly were you concerned about suffering from a substantial disease?
0 (not at all) – 100 (very much) ___

During the code status discussion, how strongly were you concerned that the physicians might not conduct all treatments potentially available?
0 (not at all) – 100 (very much) ___

Have you had the impression that the physician who conducted the code status discussion agreed with your decision or had another opinion?
☐ had another opinion ☐ agreed with my decision ☐ do not know

Have you had the impression that the physician who conducted the code status discussion tried to influence your decision?
☐ yes ☐ no

Did you feel under pressure to make a decision regarding your code status?
0 (not at all) – 100 (very much) ___

Would you have appreciated more time for consideration with regard to your code status?
☐ yes ☐ no

How satisfied were you with your code status discussion?
0 (not at all) – 100 (very much) ___

How comprehensible was your code status discussion?
0 (not at all) – 100 (very much) ___

What is the code status you opted for?
- Cardiopulmonary resuscitation ☐ yes ☐ no ☐ do not know/remember
- Intubation ☐ yes ☐ no ☐ do not know/remember
- Medication for circulatory support (e.g., adrenaline) ☐ yes ☐ no ☐ do not know/remember
Physician Questionnaire (English translation)

<table>
<thead>
<tr>
<th>Question</th>
<th>Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gender:</td>
<td>☐ female  ☐ male  ☐ other</td>
</tr>
<tr>
<td>Age (years):</td>
<td>☐ &lt;30 / ☐ 31-40 / ☐ 41-50 / ☐ 51-60 / ☐ &gt;60</td>
</tr>
<tr>
<td>Position:</td>
<td>☐ Resident  ☐ Senior physician  ☐ Consultant</td>
</tr>
<tr>
<td>Medical field:</td>
<td>☐ A&amp;E  ☐ Internal Medicine  ☐ Intensive Care  ☐ Haematology/Oncology  ☐ Surgical</td>
</tr>
<tr>
<td>Department: (please specify)</td>
<td></td>
</tr>
<tr>
<td>In your opinion, what is an adequate duration of a code status discussion?</td>
<td>In Min ___</td>
</tr>
<tr>
<td>In your opinion, how long should a code status discussion maximally last?</td>
<td>In Min ___</td>
</tr>
<tr>
<td>Are there certain circumstances in which you set a DNR code status without patient involvement?</td>
<td>☐ no  ☐ if yes, in which circumstances</td>
</tr>
<tr>
<td></td>
<td>☐ dementia  ☐ very old patients  ☐ metastatic cancer</td>
</tr>
<tr>
<td></td>
<td>☐ other palliative diseases  ☐ iv. drug abuse</td>
</tr>
<tr>
<td>How confident do you feel to conduct a code status discussion?</td>
<td>0 (not at all) – 100 (very much) ___</td>
</tr>
<tr>
<td>Do you believe that code status discussions generally concern patients?</td>
<td>0 (not at all) – 100 (very much) ___</td>
</tr>
<tr>
<td>By your estimation, how much do patients understand of a code status discussion?</td>
<td>0 (nothing) – 100 (very much) ___</td>
</tr>
<tr>
<td>With which patients should a code status discussion be conducted?</td>
<td>☐ with all patients  ☐ with patients of a certain age ___ (please specify)___</td>
</tr>
<tr>
<td></td>
<td>☐ with patients that are at increased risk of dying</td>
</tr>
<tr>
<td>What is the best time to conduct a code status discussion?</td>
<td>☐ at admission  ☐ at a later time during hospitalisation</td>
</tr>
</tbody>
</table>
By your estimation, what influence does the patient’s cultural background have on code status decisions?
0 (none) – 100 (very big influence) ___

By your estimation, what influence does the patient’s religion have on code status decisions?
0 (none) – 100 (very big influence) ___

Do you involve a patient’s next of kin in a code status discussion?
☐ yes ☐ no

Have you ever had a conflict with a patient/relative with regard to a code status decision?
☐ yes ☐ no