

Tolerance to celecoxib in patients with a history of adverse reactions to nonsteroidal anti-inflammatory drugs

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Summary

Background: Adverse reactions to nonsteroidal anti-inflammatory drugs (NSAIDs) are frequently reported, particularly among asthmatic patients. To date, there is no causal treatment available apart from tolerance induction. Therefore, the search for safe alternative drugs is of pivotal importance in clinical practice.

Objective: The aim of our prospective study was to investigate the tolerance to celecoxib, a selective cyclooxygenase-2 inhibitor, in a large group of patients with positive case history of NSAID intolerance in comparison to paracetamol and nimesulide.

Methods: 106 NSAID-sensitive patients, 46 (43.4%) of whom had experienced reactions only to one NSAID (single hypersensitivity), 60 (56.6%) to several NSAIDs (multiple hypersensitivity), were included in a single-blinded drug challenge protocol with cumulative doses of 175 mg of celecoxib, 875 mg of paracetamol and 175 mg of nimesulide. Objective and subjective symptoms during challenge were documented.

Results: Of 261 challenges in 106 patients, 31 challenges were positive: 5 of 106 (4.7%) for celecoxib, 10 of 64 (15.6%) for paracetamol and 16 of 91 for nimesulide (17.6%). Adverse reactions to celecoxib were mainly mild in character: three patients reported subjective symptoms including generalised pruritus and thoracic oppression, whereas two patients reacted with angio-oedema.

Conclusions: Our results demonstrate that celecoxib is well tolerated by the majority of patients with NSAID intolerance. However, since adverse reactions to celecoxib cannot be ruled out completely, a controlled oral challenge test is still mandatory for proper management of patients with NSAID intolerance.

Key words: Celecoxib; nonsteroidal anti-inflammatory drugs (NSAIDs); hypersensitivity; tolerance; intolerance; oral challenge

Introduction

NSAIDs are widely described drugs for treatment of pain, fever, arthritis or other inflammatory diseases because of their high safety profile [1]. Since more than ten years COX-2 selective NSAIDs, ie celecoxib, are preferably used for these indications, especially because of fewer gastrointestinal adverse events [2]. The use of NSAIDs may be accompanied by intolerance reactions of the skin (urticaria, angio-oedema, pruritus, flush), respiratory symptoms (dyspnoea, rhinitis) or eventually even by anaphylactic-like reactions [3, 4]. Manifestations usually occur within 3 hours after drug intake [5]. NSAID intolerance is one of the most common causes of adverse drug reactions (ADRs) accounting for 44.7% of all reported ADRs, only surpassed by ADRs induced by antimicrobials [6, 7]. While the prevalence of adverse

reactions to NSAIDs is about 0.3–0.9% in the normal population it mounts to 23–28% in patients with asthma and chronic urticaria [8–13].

Due to cross-intolerance between different NSAIDs, many patients report a history of reactions to various drugs of this class and thus alternative drug treatment of these patients can be challenging.

Abbreviations

ASA	= acetylsalicylic acid
ADR(s)	= adverse drug reaction(s)
COX	= cyclooxygenase
coxibs	= cyclooxygenase inhibitors
n.s.	= non significant
NSAID(s)	= nonsteroidal anti-inflammatory drug(s)
FEV ₁	= peak expiratory flow

To date, the pathogenesis of NSAID intolerance is still unclear. NSAIDs exert their anti-inflammatory effects by blockage of cyclooxygenase (COX). So far, two isoforms of COX have been described (COX-1 and COX-2), which are expressed by various tissues. COX-1 is constitutively expressed in most tissues, including endothelial cells, platelets and the gastric mucosa; in contrast, COX-2 represents the inducible isoform, which is mainly expressed in response to pathologic stimuli (eg TNF- α) leading to the production of several inflammatory cytokines such as PGE₂ [14, 15]. COX-2 specific inhibitors exert their effect without interfering with the homeostatic functions mediated by COX-1-derived prostanoids resulting in better tolerance. Adverse reactions to NSAIDs are thought to be dependent on their inhibitory effect on COX. Most studies were performed in patients suffering from aspirin intolerant asthma [16, 17]. In these patients NSAIDs may trigger adverse reactions via COX-1 inhibition by reducing prostaglandin E₂-dependent suppression of leukotrienes, which are potent bronchoconstrictors. In addition, there is a profound overrepresentation in bronchial biopsies of patients with ASA intolerance of cells expressing LTC₄ synthase which is associated with increased bronchial responsiveness to inhaled aspirin [18]. It is suggested

that genetic polymorphisms lead to overexpression of LTC₄ synthase in the bronchial wall of aspirin intolerant patients and, thereby, cause chronic overproduction of cys-Leukotrienes, which is exacerbated when non-selective NSAIDs suppress the endogenous PGE "brake" generated by COX-1 activity. In NSAID-induced cutaneous reactions such as acute urticaria and angio-oedema a similar pathway is hypothesised, but a direct stimulation of histamine by NSAIDs is assumed too [19].

Since coxibs like celecoxib do not inhibit COX-1 mediated prostaglandin synthesis it was suggested that they might be better tolerated by this group of patients [17].

Since there is no reliable *in vitro* test, which identifies NSAID-sensitive patients with high sensitivity, clinicians have to rely on oral challenges with alternative NSAIDs.

The purpose of this study was to determine the tolerance of celecoxib (Celebrex[®]), a diaryl substituted pyrazole, in patients with a history of NSAID-intolerance and to compare it with the tolerability of paracetamol (Paracetamol[®]), an acetaminophen, and nimesulide (Aulin[®]), belonging to the sulfonamide family. Both, paracetamol and nimesulide are to date the most frequently used alternative drugs in patients with NSAID-intolerance.

Materials and methods

Patients

A total of 106 patients (33 men, 73 women), aged 13 to 76 years (mean age: 41.7 \pm 11.7 years) with a well-documented history of NSAID intolerance were included after giving informed consent to the protocol approved by the ethical committee of the University of Zurich. Exclusion criteria were pregnancy, breast feeding, chronic renal failure and other kidney diseases, liver diseases, FEV₁ <70%, infectious diseases, intolerance to sulfonamide, celecoxib, paracetamol, nimesulide, drug intake of lithium, warfarine, fluconazole, ketotifen (within the last 14 days), corticosteroids (within the last 14 days) and antihistamines (within the last 3 days; astemizole: 6 weeks).

Skin tests

Skin tests were performed by scratch method with propylphenazone, acetylsalicylic acid, paracetamol, chinine, phenobarbital, novaminsulfone, diclofenac, mefenamic acid, nimesulide, celecoxib and the NSAIDs responsible for the reported reaction in each patient. Drugs were pulverised and redissolved with PBS (phosphate-buffered saline). In addition, a positive skin prick test with histamine (10 mg/ml) and a negative control scratch test with PBS were performed.

Oral challenge tests

Oral provocation tests were carried out in a single-blinded fashion at the Allergy Unit of the University Hospital of Zurich. Before and during the challenge procedure, cardiovascular parameters, nasoocular, pulmonary, and cutaneous symptoms were monitored in all patients.

In patients with a history of bronchial asthma or respiratory symptoms after NSAID-intake, a pulmonary function test was performed before each provocation step. The following drug doses were applied: paracetamol 125, 250 and 500 mg on test day one, nimesulide 25, 50 and 100 mg on test day two and celecoxib 25, 50 and 100 mg on test day three. Between oral challenges with the three different drugs an interval of at least one day, usually two to seven days, was kept. Tablets were administered orally with an interval of one hour. After the challenge test, patients remained under medical supervision for up to 120 minutes. When objective symptoms (flush, urticaria, angio-oedema, rhinitis, conjunctivitis, dyspnoea or cough associated with fall of FEV₁ >20%, hypotension) appeared, the application of the drug was stopped and the test regarded as positive. Subjective symptoms (itching, vertigo, headache, abdominal pain) alone were not considered as an adequate proof of intolerance or a valid reason for terminating the challenge test. Any symptoms that developed when the patients were out of the hospital were reported to our staff by telephone. For treatment of delayed-type reactions, all patients received an emergency set (2 capsules of 8 mg acrivastine and 2 tablets of 50 mg prednisone).

In patients who reliably tolerated either paracetamol or nimesulide, or who had a history of paracetamol or nimesulide intolerance, we renounced to oral provocation with these two drugs.

Statistical analysis

The Chi-Square test by Pearson was used to analyse the data and, a p value <0.05 was considered significant (SPSS for Windows, version 10.0).

Results

The 106 patients presented at our Allergy Unit after an average of 18.6 months after the most recent ADR to an NSAID.

The NSAIDs reported by the patients to induce intolerance reactions are shown in table 1. 46 patients (43.4%) experienced reactions only to one NSAID (single hypersensitivity), 60 (56.6%) to more than one NSAID (multiple hypersensitivity) (29.2% to two, 8.5% to three, 5.7% to more than three NSAIDs).

Intolerance to acetylsalicylic acid (ASA) was reported by 22.6% patients of the single hypersensitivity group (24/46) and by 57.5% of all patients (61/106). Mefenamic acid was not tolerated by 14.2% (15/46) and 32.1% (34/106), respectively. A significant increase in reported ASA intolerance was observed among asthmatics compared to patients without asthma (15/18; 83.3% *vs* 46/88; 52.3% ($p = 0.015$)). Furthermore, we observed

more intolerance reactions to ASA than to other NSAIDs in patients with nasal polyposis (87.5%, $p = .075$). There was no significant increase in reported acetylsalicylic acid intolerance compared to other NSAIDs among patients with atopic diseases or urticaria ($p > 0.05$). Six out of eight patients with polyposis nasi were diagnosed to suffer from ASA exacerbated respiratory disease. Overall, adverse reactions were reported after intake of 176 drugs in 106 patients. Cutaneous symptoms such as urticaria combined with angio-oedema were most common (42.5%), followed by isolated urticaria (26.4%), and angio-oedema (14.2%); 13.2% of patients experienced urticaria and dyspnoea (table 2).

Skin scratch tests with propylphenazone, acetylsalicylic acid, paracetamol, chinine, phenobarbital, novaminsulfone, diclofenac, mefenamic acid, nimesulide, celecoxib and other NSAIDs were negative in all patients.

Table 1

NSAIDs reported to induce intolerance reaction in 106 patients.

Drugs	Patients	
	n	%
Single hypersensitivity group (46 patients = 43.4%)		
ASA	24	22.6
Mefenamic acid	15	14.2
Diclofenac	7	6.6
Pyrazolon	6	5.7
Paracetamol	4	3.8
Ibuprofen	1	0.9
Piroxicam	1	0.9
Naproxen	1	0.9
Multiple hypersensitivity group (60 patients = 56.6%)		
ASA and pyrazolon	10	9.4
ASA and mefenamic acid	4	3.8
ASA and ibuprofen	5	4.7
ASA and paracetamol	2	1.9
ASA and diclofenac	1	0.9
ASA and clonixidin	1	0.9
Mefenamic acid and pyrazolon	2	1.9
Mefenamic acid and paracetamol	2	1.9
Mefenamic acid and diclofenac	1	0.9
Ibuprofen and acetmetacin	1	0.9
Diclofenac and nimesulide	1	0.9
Diclofenac and pyrazolon	1	0.9
ASA, ibuprofen and pyrazolon	2	1.9
ASA, ibuprofen and paracetamol	2	1.9
ASA, mefenamic acid and diclofenac	2	1.9
ASA, mefenamic acid and paracetamol	2	1.9
ASA, diclofenac and acetmetacin	1	0.9
Other combinations	6	5.7
Unknown	1	0.9

Table 2

Symptomes reported by 106 patients after NSAID intake.

Symptoms	Patients	
	n	%
Cutaneous symptoms		
urticaria	28	26.4
angio-oedema	15	14.2
urticaria and angio-oedema	45	42.5
pruritus	1	0.9
flush	0	0
Respiratory symptoms		
dyspnoea	11	10.4
rhinitis and/or conjunctivitis	9	8.5
Cutaneous and respiratory symptoms		
urticaria and dyspnoea	2	1.9
urticaria and rhinitis and/or conjunctivitis	9	8.5
urticaria, angio-oedema and dyspnoea	7	6.6
angio-oedema and dyspnoea	1	0.9
angio-oedema and flush	2	1.9
angio-oedema, dyspnoea and flush	7	6.6
angio-oedema and rhinitis and/or conjunctivitis	1	0.9
angio-oedema, and rhinitis and/or conjunctivitis	1	0.9
dyspnoea and flush		
Gastrointestinal symptoms (nausea and/or emesis and/or diarrhoea)		
cutaneous and gastrointestinal symptoms	6	5.7
respiratory and gastrointestinal symptoms	2	1.9
cutaneous, respiratory and gastrointestinal symptoms	9	8.5
Anaphylaxis		
	2	1.9

Table 3
Results of oral challenge with celecoxib, paracetamol and nimesulide.

Drugs	Total no. of challenges	Total no. of positive challenges	Adverse reactions	Dose (mg)
Celecoxib	106	5 (4.7%)	Objective symptoms (2)	
			angio-oedema (2)	25/50
			Subjective symptoms (3)	25/50
			generalised pruritus (2)	25
			generalised pruritus, thoracic oppression (1)	
Paracetamol	64	10 (15.6%)	Objective symptoms (8)	
			urticaria (1)	500
			urticaria, angio-oedema (2)	125/500
			flush, generalised pruritus (1)	500
			angio-oedema, generalised pruritus (2)	125/500
			FEV ₁ ↓ (2)	500
			Subjective symptoms (2)	125/500
			generalised pruritus (2)	
Nimesulide	91	16 (17.6%)	Objective symptoms (10)	
			urticaria (1)	100
			angio-oedema, flush, conjunctivitis (1)	50
			angio-oedema, conjunctivitis (1)	25
			flush, thoracic oppression (1)	25
			FEV ₁ ↓ (2)	100/100
			rhinitis and/or conjunctivitis (2)	50/100
			rhinoconjunctivitis, generalised pruritus, nausea, vertigo (1)	100
			nausea, emesis (1)	25
			Subjective symptoms (6)	25/25/50/50
			dyspnoea, generalised pruritus (1)	25
			generalised pruritus (4)	
nausea (1)				
Total	261	31 (11.9%)		

Table 4
Frequency of adverse reactions during oral challenges in defined subgroups of patients.

Intolerance reactions during oral challenges among patients		%
with asthma	(n = 18)	38.9
without asthma	(n = 88)	19.3
with polyposis	(n = 8)	50
without polyposis	(n = 98)	20.4
with atopic diseases	(n = 32)	28.1
without atopic diseases	(n = 74)	20.3
with urticaria	(n = 13)	30.8
without urticaria	(n = 93)	21.5

The results of 261 oral challenges with celecoxib, paracetamol and nimesulide in 106 patients are summarised in tables 3 and 4.

A total of 31 challenges were positive. Patients with a history of asthma, both allergic and non-allergic, tended to develop more intolerance reactions (7/18; 38.9%) during oral challenges than nonasthmatic patients (17/88; 19.3%), although there was no significant difference between both groups ($p = .071$). However, none of the asthmatic patient reacted to celecoxib. Similarly, presence or absence of polyposis did not result in a significant difference in intolerance reactions (4/8; 50% *vs* 20/98; 20.4%; $p = .058$); the same was true for patients with atopic diseases or urticaria as compared to nonatopic patients and patients without ur-

ticaria, respectively (9/32; 28.1% *vs* 15/74; 20.3%, $p = 0.273$ and 4/13; 30.8% *vs* 20/93; 21.5%, $p = 0.737$, respectively).

Only two patients responded with objective symptoms to the celecoxib provocation, ie after a cumulative dose of 25 mg and 50 mg, respectively. In addition, three patients complained about subjective symptoms such as thoracic oppression after 25 mg celecoxib in one patient, not accompanied by a drop in FEV₁, and generalised pruritus in two patients.

Under provocation with paracetamol six patients responded with objective skin symptoms, ie flush, urticaria or angio-oedema after intake of cumulative doses between 125 mg and 875 mg. Furthermore, 875 mg of paracetamol initiated a drop of FEV₁ >20% (39 and 32%, respectively) in two patients. Generalised pruritus was reported by two patients.

The symptoms that we observed under provocation with nimesulide were more diverse. Skin symptoms such as flush, urticaria, generalised pruritus or angio-oedema were seen in four subjects after a cumulative dose of 25 to 175 mg. Rhinitis or rhinoconjunctivitis occurred in three patients after intake of a cumulative dose of 75 to 175 mg, respectively. A drop of FEV₁ of 19% and 33% was

observed in two patients, both after a cumulative dose of 175 mg. Another patient reacted with nausea and emesis after a cumulative dose of 175 mg.

Subjective symptoms, ie generalised pruritus, nausea and mild dyspnoea were reported by six patients.

Discussion

Analgetic and anti-inflammatory treatment in patients with a positive case history of NSAID intolerance is an important problem in clinical practice since patients often show hypersensitivity to multiple nonsteroidal anti-inflammatory drugs.

In the present study, we investigated 106 patients with a positive case history of NSAID intolerance by oral challenges with celecoxib, paracetamol and nimesulide to provide them with a safe alternative drug. Our study population reported all kinds of intolerance reactions to NSAIDs, but the major part of the included patients responded with skin symptoms.

Our observations suggest that celecoxib is an appropriate alternative drug with an excellent tolerance in subjects with a history of adverse reactions to ASA and/or to other NSAIDs, confirming the low rate of cross-intolerance of this COX-2 specific drug with other NSAIDs. Information about the safety of these new anti-inflammatory drugs is scarce except for possible cardiovascular side-effects in long-term use ("Adenoma Prevention with Celebrex" Study (APC) [20]).

Skin tests with multiple NSAIDs were negative in all patients. This confirms the general experience that hypersensitivity reactions to NSAIDs are mainly not IgE-mediated [21].

In our study only two subjects responded with objective symptoms related to celecoxib (1.9%, 2 of 106 challenges), while 8 of 64 (12.5%) paracetamol and 10 of 91 (11%) nimesulide challenges were positive. Celecoxib did not cause asthmatic attacks in patients, but mainly triggered angio-oedema. Thus, a cumulative dose of 175 mg celecoxib was safely ingested by most of our patients with history of NSAID intolerance.

The finding that only 13.2% of patients experienced urticaria and dyspnoea is of particular interest, since it is generally suggested that the pathophysiology of ASA induced-asthma and ASA-induced cutaneous reactions such as acute urticaria might be similar [19]. Having observed in our population of patients either dermatological or respiratory symptoms in most subjects with NSAID intolerance seems to suggest that different mechanisms inducing asthma or urticaria might be activated when ingesting NSAIDs.

In line with our results, other investigations in patients with a history of intolerance reactions to NSAIDs also revealed an excellent tolerance to COX-2 specific NSAIDs [22]: out of the 76 subjects that were challenged with three COX-2 specific anti-inflammatory drugs (rofecoxib, celecoxib and meloxicam), 6.6% (4/72) reacted to 100 or 200 mg of celecoxib, 1.3% (1/75) showed a reaction to

the recently withdrawn rofecoxib and 4.1% (3/73) to meloxicam. Pacor et al. assessed tolerance of rofecoxib in a group of 104 NSAID-intolerant patients in a double-blinded, placebo-controlled challenge test. In that study, no intolerance reactions were observed under intake of rofecoxib [23]. In a study by Liccardi et al., safety of celecoxib was examined in 72 patients with well-documented adverse reactions to nimesulide. Only two patients (2.77%) developed objective adverse events during oral challenge up to a cumulative dose of 400 mg, again indicating a very good tolerance in NSAID sensitive patients [24]. In a very recent and well-conducted study Martin-Garcia et al. demonstrated a high tolerance of rofecoxib among NSAID intolerant patients with asthma [17]. Only patients who had experienced asthma attacks with at least two different NSAIDs were included and in all 40 tested patients rofecoxib (25 mg) was proven to be well tolerated. Another Spanish group conducted single-blind, placebo-controlled oral challenges with rofecoxib and celecoxib in 33 patients with NSAID-induced anaphylactoid reactions. In all patients both drugs were well tolerated [25]. The only study, in which a tendency for celecoxib to induce a high rate of reactions was shown, was performed by Sánchez Borges et al. [26]. They investigated clinical tolerance to COX-2 inhibitors in 110 patients with cutaneous symptoms attributable to classic NSAIDs by oral challenges with four different COX-2 inhibitors (nimesulide, meloxicam, rofecoxib and celecoxib). Celecoxib induced a rate of intolerance reactions of 33.3%, whereas the reaction rate for rofecoxib was only 3.0%. On the other hand, it has to be noted that celecoxib can also induce severe, true immune-mediated hypersensitivity reactions, especially in patients with previous sulfonilamid allergy. Also cutaneous hypersensitivity to celecoxib has been reported, however occurring very rarely, in the form of urticaria and exanthematic pustulosis up to toxic epidermal necrolysis [27–34].

Paracetamol has often been considered a safe alternative drug in many patients with NSAID intolerance since its anticyclooxygenase activity *in vivo* is very low [35, 36]. For instance Jenkins et al. proved that less than 2% of asthmatic patients were sensitive to both aspirin and paracetamol [36]. However, they showed that intolerance reactions to paracetamol also occur in a dose dependent way in patients with NSAID intolerance: patients who are highly sensitive to aspirin are more likely to be sensitive to paracetamol than those requiring higher doses of aspirin to elicit a response [37–39].

Among the challenged patients we observed a

paracetamol intolerance rate of 15.6% (n = 10). Taking into account additionally those patients who consistently reported tolerance to paracetamol (n = 30) and who were therefore not challenged, the tolerance rate to paracetamol among the whole investigated population was 79.3% (84/106).

In contrast to a previous study (40), our study showed that nimesulide, although being more selective for COX-2 than COX-1 and highly recommended in ASA sensitive asthmatics when given in a therapeutic dose, was precarious in patients with NSAID intolerance as oral challenge resulted in a high risk to develop adverse reactions. Almost 20% of all patients challenged with nimesulide did not tolerate it under oral challenge, thus, indicating a high degree of cross-intolerance to other non-steroidal drugs. Although nimesulide is one of the most widely studied drugs in ASA sensitive patients, reporting tolerance percentages between 71% and 100%, we have to consider that only a few of these studies included patients with asthma attacks after NSAID-intake [40-43].

According to the literature, rhinorrhea and asthma are caused when nimesulide is ingested in higher doses, ie 100 mg [44, 45]. Our patients, however, developed rhinorrhoea or asthma after 25 and 75 mg, respectively. Additionally, nimesulide may induce abnormal liver enzyme levels with no symptoms or even fatal hepatic failure following a continued intake and therefore monitoring of liver enzymes after initiating therapy with nimesulide is mandatory and its use is more and more restricted [46].

It is important to notice that special security measures such as assessment of blood pressure, lung function and skin condition have to be followed when challenging patients with NSAIDs. The personnel involved in the challenge procedure must be specially trained in management of acute intolerance reactions and equipment for resuscitation (including adrenaline for injection and oxygen) must be readily available.

Our results demonstrate that celecoxib is well tolerated by the majority of patients with NSAID intolerance and may serve as an alternative therapeutic option up to a cumulative dose of 175 mg. However, since adverse reactions to celecoxib cannot be ruled out completely and life-threatening anaphylactic reactions to celecoxib have been reported in a few cases, a controlled oral challenge test is still mandatory for proper management of patients with NSAID intolerance and long-term evaluation on larger series of patients is required before general treatment of NSAID-sensitive patients with celecoxib can be recommended.

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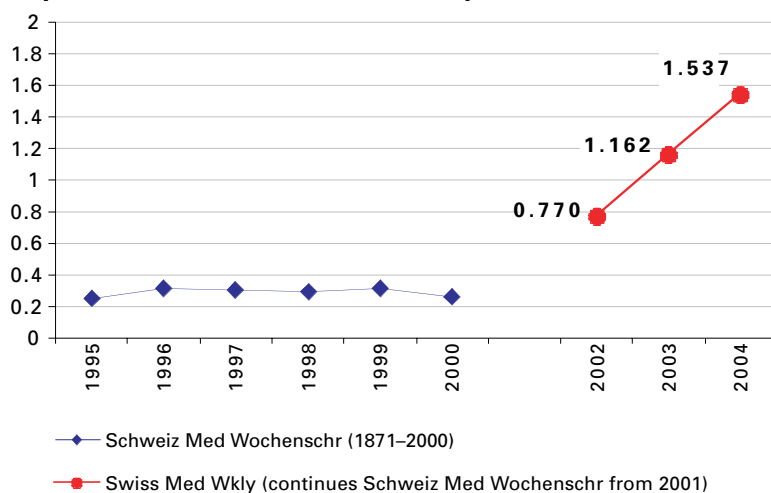
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