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# Communication and information exchange between practices and hospitals: a survey among primary care practitioners in central Switzerland

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# Summary

BACKGROUND: Digital tools are widely utilised to improve communication and information exchange among healthcare professionals. The cantonal hospital in Lucerne was the first to implement the Epic clinical information system in a German-speaking country, including information access for primary care physicians via an electronic health record portal.

OBJECTIVES: This study assessed how primary care physicians perceive the communication with hospitals in the canton of Lucerne, including their preferences for discharge summary contents and experiences and utilisation of a regionally implemented electronic health record portal.

METHODS: We performed an online survey among primary care physicians and contacted all 323 primary care physicians enlisted as members of the cantonal medical society in Lucerne, Switzerland.

RESULTS: A total of 109 primary care physicians completed the online survey (34% response rate). Half of the primary care physicians were satisfied with hospital communication. Three-quarters (n = 83) wanted to be informed of patients' emergency hospital admission within 48 hours, but only 30% (n = 33) reported being notified. In discharge summaries, primary care physicians expect information on the diagnosis, medication, therapies, and recommendations for follow-up care. A large portion of primary care physicians deemed the electronic health record portal beneficial for patient management. Most primary care physicians utilise the portal to retrieve patient data, but it is rarely used for patient referrals.

CONCLUSION: Half of primary care physicians were satisfied with communication with regional hospitals. Primary care physicians reported a lack of timely notifications or reports about emergency admissions, in-hospital deaths, and discharges of their patients. Primary care physicians value the electronic health record portal as a supporting tool for patient management.

# Introduction

An increasing prevalence of multimorbidity in patients necessitates well-coordinated and timely information exchange among healthcare providers [1]. Hospitals must provide information regarding a patient's health status, diagnosis, treatment, and medication to the primary care physicians (PCPs) who plan follow-up care. The absence of communication has contributed to an increase in emergency department visits and hospitalisations among patients [2]. Some studies have indicated that delayed or incomplete transfer of patient records can lead to missed or duplicate assessments and longer hospital stays [2–4]. However, high workloads, personnel shortages, and a lack of standardisation prevent healthcare professionals from communicating effectively [5, 6].

Digital tools are utilised to improve communication and information exchange among healthcare professionals. These tools aim to improve the efficiency and timeliness of information sharing and vary in their approach [7–9]. In Switzerland, the regulatory framework and conditions for healthcare system digitisation are currently being established [10, 11]. The Cantonal Hospital of Lucerne was the first to implement the Epic software system in a German-speaking country in 2019. Epic is widely adopted by large healthcare organisations and academic hospitals and is one of the leading electronic health record systems [9]. Before the introduction of the new portal, primary care physicians could define how they wanted to receive reports (e.g. discharge reports or surgery reports) from one of the following options: secured e-mail, InBasket messages, or letters. The primary care physicians' preference, e-mail, was then incorporated. Before the software was launched, information events and workshops were held. The former was well attended by primary care physicians. If required or requested, personal training was provided in the primary care physician's practice. The implementation in the cantonal hospital in Lucerne allows:

- patients to access their data (MyChart, [12]),
- healthcare professionals in the hospital to digitally capture and store information (Epic, [13]), and

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Understanding perceptions regarding technology utilisation, as well as its barriers and facilitators, may help enhance the experience and application of technology [15]. Therefore, this study aimed to provide insights into primary care physicians' perceptions, satisfaction of the quality and the timeliness of regional hospitals' communication in Central Switzerland, particularly in the canton of Lucerne. Secondarily, it assessed primary care physicians' preferences of included topics in the hospitals' discharge summaries, as well as the experiences with and utilisation of a regionally implemented electronic health record portal.

# Methods

We performed an online survey of primary care physicians to assess their perceptions of the quality of communication with all regional hospitals and evaluate the role of an electronic health record portal in primary care. This crosssectional study design aimed to identify perspectives of and possibilities for improvement in provider-to-provider communication. The reporting of this study followed the Checklist for Reporting Of Survey Studies (CROSS), which can be found in table S1 in the appendix 3 [16].

# Data collection methods

A structured questionnaire was specifically developed for this study and its setting, considering the literature on provider-to-provider communication. It was designed as an online survey using the Google Forms platform. The questionnaire was compiled using the literature and adding several questions of our own.

The questionnaire consists of 26 questions in five parts: (1) demographics and type of practice, (2) quality of communication, (3) information exchange and notifications, (4) discharge letter, and (5) software. All questions were closed-ended with multiple-choice answers. Satisfaction, preferences, levels of agreement, and frequencies were explored with items rated on a five-point Likert scale. For all Likert scales, a score of 1 was the lowest or most negative response. Additionally, two free-text questions were included at the end of the survey to solicit improvement suggestions for communication between primary care physician portals. Responses were mandatory, except for items 5.2–5.4.

#### Sample characteristics

The target study population was primary care physicians practising in the canton of Lucerne. We sampled all 323 primary care physicians enlisted as members of the cantonal medical society in Lucerne, representing 97% of all primary care physicians in the canton, according to the respective office's estimate. Lucerne is a German-speaking canton with roughly 400,000 inhabitants [17].

#### Survey administration

All primary care physicians practising in the canton of Lucerne received the link to the online survey via e-mail and could access it between 28 October 2021 and 7 January 2022. Reminder e-mails were sent to the primary care physicians one month and two months after the initial distribution.

# **Ethical considerations**

This study did not require ethical approval according to Swiss law, and it conformed to the ethical review and research policies. Participants were informed about the study's objectives in the introduction of the survey. Respondents provided electronic consent by agreeing to a consent paragraph before starting the survey. All responses were anonymous and confidential.

#### Data analysis

Data preparation, statistical analyses, and the creation of charts and tables were carried out using R version 4.3.0 (R Foundation for Statistical Computing, Vienna, Austria). Table 1 and figure 1 were prepared using the R packages "tableone" (version 0.13.2) and "likert" (version 1.3.5), respectively. Categorical variables are presented as counts and percentages, and numerical variables with non-normal distributions are presented as medians and interquartile ranges (IQRs), where appropriate. In table 1, to compare primary care physicians stratified by age groups, chisquare tests were used for categorical variables, and the Kruskal-Wallis test was used for numerical variables. For numerical Likert item responses presented in the tables, the mean, median, statistical mode (response peak), fraction of the participants who responded, and all counts and proportions for each response are shown. In addition, potential associations between primary care physicians' characteristics and responses were analysed by exploratory multivariable logistic regression models, reporting odds ratios (ORs) and 95% confidence intervals (CIs). For table 1 and the regression analyses, tertiles were considered a reasonable quantile to group the primary care physicians by age. The analysed dataset (except free text responses) is available as online supplementary material, and all models are published online alongside this article as supplementary tables (see appendices). A study protocol was not prepared.

The answers to the two free-text questions on improvement suggestions were analysed using thematic content analysis with MAXQDA 2022. Major themes answering the questions were coded deductively and summarised [18]. In the results, quotes were selected to illustrate common themes and provide context for the quantitative data.

# Results

# Characteristics

A total of 109 primary care physicians completed the online survey, yielding a response rate of 34%. Table 1 presents the characteristics of respondents and their primary care practices. The mean age of the respondents was 54 years, and 57% were male. Roughly half of the primary care physicians (51%) worked in a group practice with three other primary care physicians or more. Most primary care physicians (81%) were familiar with the electronic health record portal.

#### Admission and discharge information

Overall, half of the primary care physicians were satisfied or very satisfied with general communication with the hospital, including communication related to referrals (51%). Table 2 provides information about primary care physicians' satisfaction with and frequency of communication with hospitals.

Most primary care physicians (76%) agreed that they should be notified of patients' emergency admissions within 48 hours. However, 40% of primary care physicians reported that they were never or rarely notified. Table S2 in the appendix 3 illustrates whether primary care physicians' believed they were notified of such emergency admissions by regional hospitals. Regarding the communication channel, some primary care physicians wanted to be notified about emergency admissions with a short e-mail (40%), others with a detailed admission report sent via email (39%), and a smaller proportion via an e-mail including a web link to the electronic health record portal (17%).

A total of 55% of primary care physicians reported that they preferred to receive an admission report within 48 hours of a patient's admission, and 88% of primary care physicians reported that they preferred to receive a discharge report within 48 hours of discharge. After discharge, 33% of primary care physicians perceived that they were always or often informed by the hospital about a patient's hospitalisation. Figure 1 depicts which content is most relevant to primary care physicians in discharge summaries.

#### **Electronic health record portal**

Table 3 provides information on the primary care physicians' experiences using the electronic health record portal. The results showed that 82% of primary care physicians regularly retrieved hospital information from the electronic health record portal. Half of primary care physicians considered the portal useful for their patient management, and one-quarter disagreed. Most primary care physicians (81%) never used portals for patient referrals, and half of them would benefit from training on the use of the portal. The preferred learning methods were YouTube videos for self-study, suggested by 43% of primary care physicians; online training with an instructor, suggested by 37% of primary care physicians; and training with colleagues, suggested by 33% of primary care physicians.

### **Exploratory regression analyses**

Regression showed that female primary care physicians were likely not to work in their own practice (OR 0.15; 95% CI 0.04–0.50) and not in a rural setting (OR 0.19; 95% CI 0.04–0.70). Consistent with these findings, male primary care physicians were associated with the 59–69 age group (OR 4.94; 95% CI 1.44–18.92), and they were more likely to work in their own practice (OR 6.72; 95% CI 2.02–25.67) and in a rural setting (OR 5.22; 95% CI 1.43–22.32). When analysing associations with urban practices, regression showed that older primary care physicians, namely those in the 47–58 age group (OR 5.65; 95% CI 1.74–21.19) and 59–69 age group (OR 6.61; 95% CI 1.95–26.02), tended to work in urban settings, independent

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Overall

Table 1	Та	bl	e	1	;
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Characteristics of surveyed primary care physicians.

		Ageu 32-43	Ageu 47-30	Ageu 33–03	P	Overall
		n = 35	n = 38	n = 36		n = 109
Age, median (IQR)	41 (37.50, 43)	54 (52, 57)	62 (61, 64.25)	<0.001	54 (43, 61)	
Females, n (%)	19 (54)	18 (47)	10 (28)	0.063	47 (43)	
Males, n (%)	16 (46)	20 (53)	26 (72)	0.063	62 (57)	
Years of experience, n (%)					<0.001	
	<1 year	2 (6)	0 (0)	0 (0)		2 (2)
	1–5 years	14 (40)	0 (0)	0 (0)		14 (13)
	5–10 years	14 (40)	9 (24)	2 (6)		25 (23)
	10–20 years	5 (14)	14 (37)	2 (6)		21 (19)
	>20 years	0 (0)	15 (39)	32 (89)		47 (43)
Work in own practice, n (%)	prk in own practice, n (%)		33 (87)	28 (78)	0.17	85 (78)
Primary care physicians working in practice, n (%)					0.001	
	One	2 (6)	11 (29)	12 (33)		25 (23)
	Two	5 (14)	13 (34)	10 (28)		28 (26)
	Three or more	28 (80)	14 (37)	14 (39)		56 (51)
Location of practice, n (%)					0.074	
	Urban	5 (14)	16 (42)	15 (42)		36 (33)
	Suburban	13 (37)	12 (32)	11 (31)		36 (33)
	Small town	3 (9)	4 (11)	4 (11)		11 (10)
	Rural	14 (40)	6 (16)	6 (17)		26 (24)
Refer to hospital A, n (%)		21 (60)	27 (71)	30 (83)	0.093	78 (72)
Refer to hospital B, n (%)		17 (49)	23 (61)	24 (67)	0.29	64 (59)
Refer to hospital C, n (%)		11 (31)	7 (18)	9 (25)	0.437	27 (25)
Refer to hospital D, n (%)	7 (20)	8 (21)	9 (25)	0.865	24 (22)	
Refer to hospital E, n (%)	4 (11)	4 (11)	5 (14)	0.9	13 (12)	
Refer to other hospitals, n (%)		1 (3)	2 (5)	4 (11)	0.343	7 (6)
Use/are familiar with EpicCare Link, n (%)	30 (86)	30 (79)	29 (81)	0.741	89 (82)	
		,			(02)	

Aged 32\_45

Aged 47-58

of sex, whether they worked in their own practice, and the number of primary care physicians working there.

Regarding preferred communication channels, regression revealed that the channel group phone, fax, or postal mail was significantly associated with the 47–58 age group (OR 7.24; 95% CI 1.46–55.59) and 59–69 age group (OR 6.31; 95% CI 1.18–50.86).

Regression revealed an independent, statistically significant association indicating that the 59–69 age group did not find the electronic health record portal easy to use (OR 0.17; 95% CI 0.03–0.77). In addition, primary care physicians working in their own practice were not associated with group trainings (OR 0.24; 95% CI 0.06–0.84).

#### Improvement suggestions

Free-text answers provided insights into primary care physicians' suggestions for improving information exchange. Some primary care physicians wished that hospitalists increased contact via phone, such as for "occasional calls for complex problems" (*PCP90*) or "calls about admission and discharge from the ward's case manager to the primary care physician" (*PCP98*). Regarding the electronic health record portal, primary care physicians suggested user-friendliness improvements: "Ideally, the interface allows you to highlight and drag text from the documents into our patient records or to import images into our database without downloading beforehand." (PCP61) Furthermore, some primary care physicians suggested a decrease in complexity by providing a better overview or visibility of relevant information. "Improve clarity and make it more user-friendly. How do I find laboratories' results? [...] Is a chronological order of information not possible?" (PCP70) Other suggestions highlighted the primary care physicians' need for update notifications in patients' electronic health records, as illustrated by the following quote: "An automatic, clearly visible notification about new messages or changes to the patient's record from the electronic health record portal to my computer is necessary" (PCP54).

Primary care physicians' answer distributions regarding satisfaction with and frequency of communication with hospitals.

Question		Mean	Median	Statistical mode (peak)	Number of responses	Percent of total	Response	Number of responses	Proportion of who re- sponded (%)
2.1	In general, how satisfied are you with the communication between you/your practice and the hospital?	3.3	4	Satisfied	109	100	Very dissatisfied (1)	5	5
				(4)			Dissatisfied (2)	19	17
							Neutral (3)	30	28
							Satisfied (4)	45	41
							Very satisfied (5)	10	9
2.2	How satisfied are you with communica-	3.4	4	Satisfied (4)	109	100	Very dissatisfied (1)	4	4
	tion when referring patients to the hos-						Dissatisfied (2)	19	17
	pital?						Neutral (3)	30	28
							Satisfied (4)	39	36
							Very satisfied (5)	17	16
3.4	Hospitals must inform primary care	4.2	4	Strongly agree (5)	109	100	Strongly disagree (1)	0	0
	physicians promptly (within 48 hours)						Disagree (2)	1	1
	about emergency admissions of their patients so that primary care physi- cians can help optimise care.						Neutral (3)	25	23
							Agree (4)	37	34
							Strongly agree (5)	46	42
3.1	Regarding your patients, how often are you notified promptly (within 48 hours) by a hospital of an emergency admis- sion (regardless of who referred the patient, incl. self-referral)?	2.9	3	Sometimes (3)	109	100	Never (1)	14	13
							Rarely (2)	30	28
							Sometimes (3)	32	29
							Often (4)	21	19
							Always (5)	12	11
3.3	How often do you contact the hospital when you learn that your patient just required emergency hospitalisation?	2.4	2	Rarely (2)	109	100	Never (1)	11	10
							Rarely (2)	51	47
							Sometimes (3)	35	32
							Often (4)	11	10
							Always (5)	1	1
3.7	How often are you notified by the hos- pital of your patients' deaths in a timely manner (within 48 hours)?	3.5	4	Often (4)	109	100	Never (1)	5	5
							Rarely (2)	18	17
							Sometimes (3)	26	24
							Often (4)	41	38
							Always (5)	19	17
2.3	After completion of treatment/diagno- sis/stay of your patients in a hospital, how often are you informed by the re- sponsible hospital physicians?	2.9	3	Rarely (2)	109	100	Never (1)	10	9
							Rarely (2)	40	37
							Sometimes (3)	23	21
							Often (4)	28	26
							Always (5)	8	7

# Discussion

#### Summary of main findings

This study examined how primary care physicians perceive communication and information exchange between primary care physician practices and hospitals in the canton of Lucerne. Overall, primary care physicians were satisfied with communication in general and specifically for referrals. However, they reported that information provided after patients' hospitalisation, discharge, or death is not provided in a timely manner by hospitals. Primary care physicians requested that they be notified of their patients' emergency hospitalisation within 48 hours via e-mail. In discharge summaries sent within 48 hours, primary care physicians expect information on the diagnosis, medication and therapies, clinical assessments, and hospitalists' recommendations for follow-up care.



#### Table 3:

Experiences with the electronic health record portal.

Question		Mean	Median	Statistical mode (peak)	Number responses	Percent of total	Response	Number responses	Percentage of all who responded
5.2	From your perspective as a primary	3.3	4	Agree (4)	95	87	Strongly disagree (1)	10	11
	care physician, the electronic health						Disagree (2)	14	15
	on your patient management.						Neutral (3)	21	22
							Agree (4)	34	36
							Strongly agree (5)	16	17
5.3 The electronic health reco easy to use, and it provide tion and patient data colle- hospital in an appealing an way.	The electronic health record portal is	2.8	3	Agree (4)	95	87	Strongly disagree (1)	13	14
	easy to use, and it provides informa- tion and patient data collected at the hospital in an appealing and useful way.						Disagree (2)	26	27
							Neutral (3)	25	26
							Agree (4)	27	28
							Strongly agree (5)	4	4
5.4	How often do you use the electronic health record portal for patient referrals to the hospital?	1.2	1	Never (1)	95	87	Never (1)	77	81
							Rarely (2)	15	16
							Sometimes (3)	2	2
							Often (4)	0	0
							Always (5)	1	1
5.5	The electronic health record portal re- quires a sound introduction with train- ing opportunities as well as an offer of regular information, e.g. on innova- tions.	3.5	3	Neutral (3)	109	100	Strongly disagree (1)	3	3
							Disagree (2)	14	13
							Neutral (3)	38	35
							Agree (4)	34	31
							Strongly agree (5)	20	18

The self-reported data obtained from this survey suggest a selective utilisation of the regionally implemented electronic health record portal. A high proportion of primary care physicians deemed the electronic health record portal beneficial for their patient management, specifically for retrieving patient information. However, almost none of the primary care physicians reported using the electronic health record portal for patient referrals. User friendliness seems to be the main barrier to the portal's utilisation, and opportunities for self-study or group trainings could support primary care physicians.

#### Comparison with existing literature

In our study, primary care physicians reported a lack of timely information from hospitals about patients' emergency admissions, deaths, and discharges, which aligns with the existing literature.

Our study did not evaluate the effect on patient care, but notifications to primary care physicians about emergency encounters have been shown to play a vital role in maintaining continuity of care [19]. However, encounter notifications may vary in the amount of information provided to primary care physicians and the communication channel [20, 21]. Most of our primary care physicians seemed satisfied with a simple e-mail notification of a patient's admission. Several primary care physicians requested that the reason for the encounter be included in the notification. Although the older primary care physicians surveyed preferred non-electronic communication channels, they reported mainly using e-mail. It appears that e-mail has become the accepted communication channel in Swiss primary care, as even in 2010, 80% of primary care physicians in a survey reported using email for communication [11].

Similar to our findings, several studies have reported issues with discharge summaries. The findings of Kripilani et al. demonstrated that receiving discharge summaries significantly influenced primary care physician satisfaction [22]. Weetman et al. listed several reasons for unsatisfactory discharge letters, such as incomplete and insufficient information, unclear follow-up plans, delayed letter delivery, and inadequate medication information [23]. For the most part, our primary care physicians had uniform expectations about the contents of a discharge letter and its timeliness. Electronic discharge summaries are implemented in several European countries, and they may mitigate the lack of timely information transfer between providers [6] and increase primary care physician satisfaction [24].

Despite the perceived benefits of using the electronic health record portal, primary care physicians seemed to encounter challenges in utilisation. A qualitative study from the Italian-speaking part of Switzerland identified the availability of complete patient documentation as one of the main challenges in using electronic health records [25]. Primary care physicians in our study reported a confusing data architecture, and it appears that they have difficulty finding relevant information. According to similar studies, electronic health record portals may lack intuitive navigation [15, 26, 27]. Price et al. conducted an evaluation of the Epic system in an emergency department setting and concluded that it requires adaptation to physicians' workflows, following extensive training [9]. In their review, O'Donnell and colleagues identified challenges in adapting to new digital workflows and a lack of necessary training, especially among older primary care physicians [28]. Consistently, the older primary care physician age groups in our study requested self-study material for using the regionally implemented electronic health record portal. Lastly, studies have reported that the large number of InBasket messages from electronic health record portals no longer help simplify communication; rather, they are overwhelming for everyday clinical practice [29]. As part of the electronic health record portal, which is the subject of this study, primary care physicians are informed by email about unread InBasket messages if they are one of the following four specific message types: Community Messages, Employee Messages, Patient Files, or New Patient Event Monitor. For all other information about their patients, primary care physicians do not receive separate e-mail notifications (e.g. emergency admission to hospital). Instead, primary care physicians must log in to check whether new InBasket messages have arrived.

#### Limitations and strengths

The limitations of our study must be considered in the interpretation of the results and their implications. Our study sample was restricted to primary care physicians practising in the canton of Lucerne, Central Switzerland, limiting the generalisability of our findings. However, we achieved a relatively high response rate and reached a broad variety of primary care physicians in terms of demographics and locations. The sample's characteristics are representative of primary care physicians in this region. Since the survey was disseminated by e-mail, the primary care physicians' preference to be notified via this channel may be biased; however, this preference is in line with preferences reported in the literature. Finally, although three regional hospitals provide patient information electronically on a specific electronic health record portal for primary care physicians, other regional hospitals may offer different solutions not investigated by this study. As our data were collected in 2022, this study might not reflect the most recent developments in electronic information exchange. However, we believe that any changes since the time of data collection can be considered negligible.

This study provides valuable insights into primary care physicians' perceptions and expectations for provider-toprovider communication. The suggestions for improving communication, information exchange, and the electronic health record portal's user-friendliness provide opportunities to strengthen the local healthcare system and ensure continuity of care for patients. To our knowledge, this is the first study conducted in a German-speaking country to assess primary care physicians' perceptions of this electronic health record portal (EpicCare Link).

# Implications

Primary care physicians provided their expectations for timely communication and the content of discharge summaries: the diagnosis list, information on medications and therapies, and hospitalists' recommendations for follow-up care. This information may be used to develop standardised templates for discharge summaries. This study includes specific suggestions for electronic health record portals from the perspective of primary care physicians. The results showed that older primary care physicians were more likely to use non-digital channels for their information exchange and did not find the electronic health record portal easy to use. Although this finding is not surprising, measures to make benefits more apparent and digital tools easier to use should be developed, as this age group of primary care physicians currently comprise a large part of all primary care physicians. Regarding electronic health record portals, research on log files could provide beneficial information about utilisation; hospitals and software developers should understand how their tools are used to improve them. Lastly, we published the results of a similar survey from the perspective of the hospitals; a comparison of the results reveals interesting differences in perceptions of information exchange and should open discussions between the two user groups [30].

#### Conclusions

Half of primary care physicians were satisfied with communication with regional hospitals. We identified room for improvement regarding timely notifications on emergency admissions, deaths, and discharges. Primary care physicians valued the regionally implemented electronic health record portal for patient management but offered suggestions to enhance user-friendliness.

# Data sharing statement

The (a) questionnaire used, (b) data collected (with data dictionary), and (c) additional tables are available as online supplementary materials (see appendices).

#### Code availability

The R code of this study is available from the corresponding author upon reasonable request.

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We would like to thank all physicians who participated in this study.

#### Potential competing interests

All authors have completed and submitted the International Committee of Medical Journal Editors form for disclosure of potential conflicts of interest. No potential conflict of interest related to the content of this manuscript was disclosed.

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# Appendix

The appendices are available for download as separate files at https://doi.org/10.57187/s.3585.