

Study ID :

1. When the symptoms started, I called:

- 144/ambulance
- My family doctor
- Another rescue service (Genève-médecin, SOS-médecin or similar)
- A relative
- Other (please specify who it was)

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2. I believe that the difficulty in reaching my family doctor delayed my medical care:

- Totally agree
- Agree
- Neither disagree nor agree
- Disagree
- Not agree at all

3. I first thought that my symptoms where not related to a heart infarct:

- Totally agree
- Agree
- Neither disagree nor agree
- Disagree
- Not agree at all

4. I was afraid of being infected with the coronavirus if I had to go to the hospital:

- Totally agree
- Agree
- Neither disagree nor agree
- Disagree
- Not agree at all

5. I was afraid of spreading the coronavirus to a relative if I had to go to the hospital:

- Totally agree
- Agree
- Neither disagree nor agree
- Disagree
- Not agree at all

6. I didn't want to add work to a healthcare system already burdened by the pandemic:

- Totally agree
- Agree
- Neither disagree nor agree
- Disagree
- Not agree at all

7. I was afraid to wait too long in the emergency room:

- Totally agree
- Agree
- Neither disagree nor agree
- Disagree
- Not agree at all

8. In the 7 days before the start of my symptoms related to the heart infarct: (adapted from Zigmond, A.S., & Snaith, R. P. (1983). The hospital anxiety and depression scale (HADS). Acta Psychiatrica Scandinavica, 67, 361-370)

8.1. I felt tense or “wound up”

- Most of the time
- A lot of time
- From time to time, occasionally
- Not at all

8.2. I still enjoyed the things I used to enjoy

- Definitely as much
- Not quite so much
- Only a little
- Hardly at all

8.3. I got a sort of frightened feeling as if something awful was about to happen

- Very definitely and quite badly
- Yes, but not too badly
- A little, but it doesn't worry me
- Not at all

8.4. I could laugh and see the funny side of things

- As much as I always could
- Not quite so much
- Definitely not so much
- Not at all

8.5. Worrying thoughts went through my mind

- A great deal of the time
- A lot of time
- From time to time, but not too often
- Only occasionally

8.6. I felt cheerful

- Not at all
- Not often
- Sometimes
- Most of the time

8.7. I could sit at ease and feel relaxed

- Definitely
- Usually
- Not often
- Not at all

8.8. I felt as if I was slowed down

- Nearly all the time
- Very often
- Sometimes
- Not at all

8.9. I got sort of frightened feeling like “butterflies” in the stomach

- Not at all
- Occasionally
- Quite often
- Very often

8.10. I had lost interest in my appearance

- Definitely
- I didn't take as much care as I should
- I didn't take quite as much care
- I took just as much care as ever

8.11. I felt restless as I had to be on the move

- Very much indeed
- Quite a lot
- Not very much
- Not at all

8.12. I looked forward with enjoyment to things

- As much as I ever did
- Rather less than I used to
- Definitely less than I used to
- Hardly at all

8.13. I got sudden feeling of panic

- Very often indeed
- Quite often
- Not very often
- Not at all

8.14. I could enjoy a good book or radio or TV program

- Often
- Sometimes
- Not often
- Very seldom