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## **Appendix**

The ecology of medical care in Switzerland: prevalence of illness in the community and healthcare utilisation in Switzerland

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Questions	Response possibilities	
Did you experience health problems within the past 8 weeks? (This includes serious illnesses but also		Yes
minor illnesses, e.g. headache, a cold or hay fever.)		No
		No answer
Did you have 1 or more health problems?		one
		more than one
		No answer
Did you ask for medical advice		Yes
		No
		No answer
Where did you get medical advice?		general practitioner
		specialist physician
		outpatient clinic
		pharmacy
		accident and emergency unit
		telephone medical advice center
		family/friends
		CAM practitioner
		dentist
		physiotherapy
		internet
		drugstore
		others(associate of medhome, atlasoid, chiropractor)

Did you use medication because of your health problem in the past 8 weeks?	Yes
	No
	No answer
Did you purchase the medication yourself?	Yes
	No
	No answer
Where did you purchase the medication?	in pharmacy
	in drugstore
	at physician's
	in supermarket
	others
	in internet
Did you get hospital or post-hospital care within the past 8 weeks because of your health problem?	Yes
	No
	No answer
Were you located in a normal care unit or intensive care unit?	in normal care unit
	in intensive care unit
Did you have a surgical procedure within the past 8 weeks because of your health problem?	Yes
·	No
	No answer
In what kind of hospital did you stay?	were in regional hospital
	were in university hospital
	were in cantonal hospital
	were in private hospital
Did you go to a rehabilitation clinic after your hospital stay?	Yes
	No
	No answer
Did you have ambulatory nursing care after your hospital stay?	Yes
	No
	No answer
Are you permanently registered with a general practitioner?	Yes
	No
	No answer

Arguan working full time part time not at all?	
Are you working full time, part-time, not at all?	☐ full time
	☐ part-time
	unemployed
	☐ No answer
How many persons live in your household?	☐ 1 person
	2 persons
	3 and more persons
	☐ No answer
What is the zip code of your residence?	
	☐ No answer