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# Academic career and part-time work in medicine: A cross-sectional study

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## Summary

The aim of this exploratory survey was to assess predictors for an academic career in a population of physicians working full time (FT) or part time (PT) in the north-western part of Switzerland. We also asked for individual attitudes, influences and motivations towards PT work.

**METHODS:** In a cross-sectional study, resident and senior physicians were asked via hyperlink to complete an anonymous 91-item questionnaire. The completed questionnaires were collected anonymously online.

**RESULTS:** Overall, 389 of 1104 (35%) questionnaires were returned for analysis. Of the respondents, 68.1% worked FT and 31.9% PT. More women than men (57.5% vs 42.5%) responded to the questionnaire and more women than men (68.2% vs 31.8%) were working as residents. Of the FT physicians, 88.9% favoured a work reduction to 60.0–90.0%; 82.9% FT and 97.0% PT physicians considered the introduction of PT work opportunities in their hospital as reasonable. A higher academic score was reached by men (mean 3.69, SD 3.39) than by women (mean 2.22, SD 2.77). Among senior physicians, PT work had a significant influence on the academic score. The possibility to do research, followed by male gender, were the two most significant factors positively influencing an academic career.

**CONCLUSION:** The possibility to perform research remains the most important predictor for a successful academic career. Working PT diminishes the chance of academic success.

**Key words:** academic career; part-time work; medicine

## Introduction

The increasing life expectancy of the Swiss population, the restriction of physicians' working hours to 50 hours per week, as well as the desire for balance between work and personal life through part-time (PT) instead of full-time (FT) work, have led to a predictable shortage of physicians in Switzerland [1].

Increasing numbers of clinicians would like to work PT, and many will opt out of academic medicine if the barriers to PT work are too great [2]. The changing profile of young physicians and the expectations of the younger generation regarding work-family balance require structural adaptation and systematic implementation of PT work at university hospitals [3–7]. The challenge for the medical profession is to preserve the future of academia in the next generation of physicians, in a way that is not only compatible with their personal life but also includes working conditions which enable them to pursue an academic career. An important measure to counter the diminishing number of physicians in academic positions lies in the systematic implementation of PT work at university hospitals. In 2008, 12 interviews with the heads of different clinical departments of the University Hospital of Basel suggested that it could be possible to adopt limited working hours in certain clinics [8]. On the basis of these results, the PT project “Facilitation of academic careers for PT working men and women” was launched with the support of the Swiss Federal Programme for Equal Opportunities. This programme follows and supports the academic career of seven senior physicians who work PT.

## Study aim and research question

The aim of this exploratory survey was to assess predictors for an academic career, using a validated score, in a population of female and male physicians working FT or PT in the north-western part of Switzerland. Furthermore, we asked for individual attitudes, influences and motivations towards PT work. The following questions were addressed:

1. What sociodemographic factors correlate with employment status (FT or PT)?
2. What are the most important predictors of an academic career?
3. Are there individual patterns of attitudes and beliefs towards PT work?

## Materials and methods

From January 2011 to March 2011, a nonrandomised cross-sectional study of deliberately targeted individuals within a particular population was performed [9]. A hyperlink was sent electronically to all resident and senior physicians working at the University Hospital of Basel or at other training hospitals in the north western part of Switzerland (the cantons of Basel-Stadt, Basel-Land and Solothurn). They were asked in a short cover letter, which explained our interests, to complete an anonymous 91-item questionnaire (appendix). The completed questionnaires were collected anonymously online (SurveyMonkey®). A reminder email was sent 3 weeks before the return deadline. The URL was emailed directly to the physicians by two of the study coordinators (IH and NL), by means of email lists provided by the head of the personnel department, except in departments whose policies demanded more data security, in which case the URL was sent internally via the head of the personnel department. The questions were created and standardised on the basis of qualitative data from the mentoring programme of the medical faculty of Basel or extracted from different surveys [8, 10]. The questions were refined by the Gender Equality Commission, members of the medical faculty of the University of Basel, psychologists, sociologists and the director of the Human Resources Department. The questionnaire was tested on a pilot sample of PT and FT physicians of the University Hospital of Basel. The local ethics committee evaluated this study before its implementation and decided that ethical approval was not required. The survey included the career success scale of Buddeberg et al. [11]. Seventy-six percent of the questions (69 of 91) were 4-point Likert-type scaled items with answers from "agree completely", "agree mostly", "agree partially" to "do not agree". If not specifically mentioned, PT was defined as any job percentage under 100% (measured in 10%-increments). Other types of questions included those with single or multiple answers, quantitative questions as well as a few open-ended questions for qualitative assessment.

The study was financially supported by the Swiss Federal Programme for Equal Opportunities and the Human Resources Department of the University Hospital of Basel.

### Statistics

Continuous data were summarised as mean and standard deviation (SD). Categorical data were summarised in cross tables.

In order to study the effect of potentially relevant parameters on career success scores, basic predictors such as age, gender, children, percentage of employment and position were analysed using linear regression models. This analysis is included only the senior physicians, as residents are too early in their careers. No multiple regression model was used because this might suppress important predictors. Furthermore, there were numerous missing values for the predictors and the number of missing values was different for each question. Each parameter was included separately in the regression model. For continuous parameters, the results are presented as differences of means increasing the predictor one unit. For categorical parameters the results

are presented as differences of means between levels of the parameters and the corresponding baseline level. Ninety-five percent confidence intervals (CI) with corresponding p-values were also calculated. A p-value <0.05 was considered significant. This study was exploratory; therefore we did not adjust p-values for multiple comparisons. All analyses were performed using R, version 2.12.0. [12]. Canonical correlation and factor analysis were used to rule out linear combinations for some questions (results not shown). A power calculation was not performed, as the study was exploratory, with no prespecified hypothesis.

## Results

### Sociodemographic factors and employment status

A total of 1104 questionnaires were sent by email and 389 (35%) returned for analysis. Although only resident and senior physicians were addressed, 16 questionnaires were answered by the heads of the department. These answers were not evaluated in this study. The characteristics of the study population (age, gender, children, academic career, position, FT and PT work) are shown in table 1. The three disciplines (ntotal = 355) with the highest participation were internal medicine (35.8%, n = 127), surgery (17.7%, n = 63), and anaesthesia (14.5%, n = 52). More women than men (57.5% vs 42.5%, ntotal = 367) responded to the questionnaire and more women than men (68.2% vs 31.8%, ntotal = 195) were working as residents. In the group of FT workers, 59.8% (17 out of 117) of the male and 33.3% (36 out of 108) of the female physicians were married, compared with the group of PT physicians in which 19.0% (11 out of 20) of the men and 81.0% (63 out of 85) of the women were married. Of the 105 PT respondents, 49.5% (52) worked 60–90%, 42.9% (45) worked 50% and 7.6% (8) worked less than 50%.

Of the nonrespondents who declared their gender (n = 663), 64% (427) were men and 36% (236) were women. Of the 680 nonrespondents who declared their position, 67% (454) were residents and 33% (226) were senior physicians.

### Desire for PT work

Among the FT working physicians, 28.6% of the women and 43.4% of the men wished to continue working FT, whereas 71.4% of women and 56.6% of men indicated a desire to switch to PT (table 2). The ideal percentage of employment averaged 77.2% (SD 13.15%) for men and 69.4% (SD 14.16%) for female doctors. Overall, 88.9% of the FT working doctors favoured a work reduction to 60–90%.

There was no notable difference in the workload of male and female physicians who worked FT: 59.7% of the male FT physicians worked up to 60 hours/week and 40.3% averaged more than 60 hours/week; 61.6% of the female FT physicians worked up to 60 hours/week and 38.7% worked more than 60 hours/week.

Most working time was spent on clinical work and much less on education or scientific work. The amount of scientific working time differed between FT and PT doctors. One-third (39.7%, n = 88) of the FT male and female doctors spent 1–5 hours/week for scientific work in contrast to

50.0% (n = 10) of the male PT and 45.7% (n = 37) of the female PT doctors.

### Predictors for an academic career

To assess academic career success we used the career success score from Buddeberg *et al.* adapted [7] to the regulation of the medical faculty of Basel (table 3). This career success score assesses relevant and objective career performance factors related to scientific activities. For the combined group of residents and senior physicians, a higher academic score was reached by men (mean 3.69; SD 3.39) than by women (mean 2.22; SD 2.77). PT work less than 60% had a significant influence on the academic score (table 4). There was no significant difference in the academic success score between a job percentage of 60–90% and 100%.

The linear regression analysis to find predictors for an academic career included only the senior physicians, as residents are too early in their careers for this to be meaningful (table 5). The two most significant factors influencing an academic career were the possibility to do research (4.67; CI 3.73, 5.61; p <0.001) followed by gender (-1.46; CI -2.24, -0.69; p <0.001).

### Contemporary patterns of individual attitudes and beliefs towards part time work

The second part of the questionnaire included questions regarding the advantages and disadvantages of PT work, personal experiences with PT, potential solutions for introducing PT in the hospital and organisation of child care. Attitudes towards PT work were generally positive.

Overall, 82.9% of FT and 97.0% of PT working doctors considered the introduction of PT work opportunities in their hospital as reasonable. This applied to men (PT 94.7%, FT 82.7 %) and women (PT 97.6%, FT 88.0%).

Many FT and PT working women and men agreed that PT jobs increase the attractiveness of an institution on the job market (FT 79.3%, PT 88.1%), productivity (FT 69.5%, PT 92.1%), consideration of alternative values and needs of coworkers (FT 91%, PT 94.1%; ntotal = 312), and overall motivation (FT 86.0%, PT 93.1%; ntotal = 315).

Drawbacks were mentioned by 79.7% of the FT and 64.7% of the PT study participants (ntotal = 319). These drawbacks included the increased need for better coordination and for more complex communication and personnel planning (FT 64.1%, PT 48.5%; ntotal = 318). Negative effects on possibilities for training and promotion were reported by more than 59.7% of FT and 65.3% of PT physicians (ntotal = 317). Fifty percent of the PT working doctors mentioned that the dual burden of family and work influenced their career negatively, compared with 23.2% of the

**Table 1:** Characteristics of the study population.

Age (year) (n = 369)	Mean SD Min.–max.	37.6 5.9 27–61
Sex (n = 367)	Female Male	211 (57.5%) 156 (42.5%)
Children (n = 360)	Yes No	188 (52.2%) 172 (47.8%)
Habilitation* (n = 369)	Yes No	20 (5.4%) 349 (94.6%)
Position (n = 369)	Senior physician Resident	174 (47.2%) 195 (52.8%)
Work (n = 332)	Full-time Part-time	226 (68.1%) 106 (31.9%)

\*In Switzerland, "Habilitation" is a qualification for recognised scientists that gives the title of "Privatdozent/in" (private lecturer) and *venia docendi* (authority to teach).

**Table 2:** Desire to work part-time.

Total (n = 226)	Yes	No
Female (n = 114)	85 (71.4%)	34 (28.6%)
Male (n = 112)	69 (56.6%)	53 (43.4%)

**Table 3:** Academic score (adapted from [11]).

Activity	Maximum possible score
≥6 months of research abroad (min 80% principal activity)	1
≥6 months of research in Switzerland (min 80% principal activity)	1
Research award	1
Competitively awarded third-party funds	1
Scholarship awarded	1
Project conducted	1
Collaboration	1
Publications (none = 0, one = 1, two = 2, three or more = 3)	3
Lectures, talks at conferences	1
TOTAL	11

FT doctors, and with no noticeable difference between men and women (ntotal = 170).

PT workers were asked about the benefits of PT work. In more than 50% of the cases it was agreed that PT work results in more time-autonomy (63.6%; ntotal = 162), a better work / personal-life balance (96.0%; ntotal = 162), higher concentration and fewer mistakes (79.8%; ntotal = 162) and better health (84.8%; ntotal = 162).

PT and FT working doctors with children were asked about child care: 71.6% of PT working doctors used additional external child care facilities and 43.7% relied on other family members for help with childcare (ntotal = 175); of the FT doctors, 49.4% depended on additional facilities and 58.5% on family members (ntotal = 169). Opening hours of day care centres were not seen as compatible with working hours of doctors by 63.2% of PT and 59.6% of FT physicians (ntotal = 104).

More than 97% of the PT and 93% of FT working doctors recommended onsite child care available for hospital employees (ntotal = 303).

Doctors criticised the lack of PT working superiors as role models (FT 85.5%, PT 89.1%; ntotal = 308) and proposed implementation of PT opportunities on the university level (FT 68.2%, PT 86.7%; ntotal = 299). They agreed that awards should be distributed according to research activity and not to age (FT 84.7%, PT 91.7%; ntotal = 293).

## Discussion

We found a clear association between academic career score and the possibility to do research. Gender takes second place in influencing the choice of an academic career. That these are the two most important factors for an academic career has been confirmed in the literature: Buddeberg et al. also found that there is an association between higher academic career score and both the possibility to do research and gender, but not with having children [11].

More physicians of either sex working PT (50.0% male, 45.7% female) spent 1–5 hours/week on scientific work, compared with 38.8% of male and 40.6% of female FT doctors. For residents and senior physicians together, there was no significant difference in the academic success scores with a job percentage of 60–90% or of 100%. When we restricted the analysis to senior physicians, PT work was less suitable for an academic career.

We found that 88.9% of female and male doctors would prefer to reduce their working time to 60–90%. The proportion of physicians choosing to work PT is growing for both sexes, a movement confirmed by our results. PT work should not be a barrier to career progression and those on appointment and promotion committees must do more to promote different modes of working, and should refuse to allow discrimination against PT workers [13].

Our survey also examined individual attitudes toward PT work in medicine. In disciplines such as internal medicine, surgery and anaesthesia a great number of PT doctors took part in our study. Attitudes regarding PT work were generally positive. Drawbacks of PT work were seen by both FT and PT working doctors and included the higher demand for good communication and planning, as well as difficulties in obtaining further qualifications. Adapting or shortening speciality training requirements and increasing the number of PT jobs, particularly within job sharing systems, might address these critical points.

Doctors with children asked for onsite child care facilities for hospital employees, a request that has been noted by others [3].

Forty percent of PT doctors, but none of the FT working doctors, mentioned that the dual burden of work and children influenced their academic career negatively. Paradoxically, this outcome does not seem to have significantly influenced their career choices.

**Table 4:** Academic score and percentage of employment.

Percentage of employment	n	Academic score	
		Mean	SD
All	237	2.90	3.17
0–50	36	2.08	2.52
60–90	40	2.60	2.92
100	161	3.16	3.27

**Table 5:** Results of linear regression predicting academic score, senior physicians only.

	Difference of Means (95%CI)	p value (t-test)
Possibility to do research: reasonable vs not reasonable	4.67 (3.73, 5.61)	<0.001
Age	0 (-0.12, 0.11)	0.949
Gender: female vs male	-1.46 (-2.24, -0.69)	0.008
Children: yes vs no	0.23 (-1.1, 1.56)	0.74
Percentage of employment: ref. = 60–90 ref. = 0–50 ref. = 100	-0.02 (-2.11, 2.07) 1.58 (0.18, 2.98) 0.028	0.99 0.028
Possibility to work part time ref. = already working part time Yes No	1.52 (0.14, 2.91) 1.34 (-0.13, 2.82)	0.032 0.074
Would prefer to increase percentage of employment: no vs yes	-1.39 (-3.54, 0.75)	0.20
Ideal percentage of employment: ref. = 0–50 ref. = 60–90 ref. = 100	2.04 (-0.22, 4.3) 2 (-2.02, 6.02)	0.122 0.32

### Limitations

Limitations of our study are the response rate of only 35% and the incompleteness of the answers provided. The response rate for this type of cross-sectional survey is usually low (about 20%), depending on the content and length of the questionnaire [9]. A reason for the low response rate might be the long list of questions (91 in all), which could have been too many for a busy physician. Hence, for future research a shorter questionnaire might improve the response rate. Recruitment by email might have also lowered the response rate [9], but personal recruitment surpassed our financial and personnel capacities.

Fourteen percent of male and 42% of female physicians work PT in hospitals, according to the Swiss Federal Statistical Office in 2011 [14]. The 31% response rate of PT workers in our study might underrepresent the population. On the other hand our study may represent the particular population of PT physicians with higher motivation for academic careers or satisfaction with their career. For these reasons our results may not be generalisable. The survey was voluntary and anonymous; thus, there is a lack of information about the nonrespondents.

The length of residency training is associated with an academic career. Our study did not collect information on duration of training and we therefore assumed that a mean age of 38 years implied an advanced career level. We concentrated on PT work and academic career, and did not evaluate the impact of PT work on resident experience and knowledge acquisition, and the link between these and patient outcome [15].

One of the largest prospective surveys of a cohort of graduates from the three medical schools in German-speaking Switzerland, the SwissMedCareer Study, revealed that distinct career paths are already seen in trainees in their third to fourth year of residency [5].

### Conclusions

According to our findings, promoting PT work is a measure that can boost physicians' work / personal-life balance and the attractiveness of Switzerland's hospitals, while simultaneously counteracting the problem of decreasing numbers of physicians. Our results suggest that working PT diminishes the chance of academic career success. Thus, to preserve the future of academia in the next generation of physicians, more support from academic peers and more opportunities for 80% employment should be provided in hospitals. The possibility to perform research remains the most important predictor for successful academic careers.

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# Umfrage zu Teilzeit-Arbeit in der Medizin 2011

## 1. Erleichterung von Teilzeitarbeit für Assistenz- und OberärztInnen

Im Rahmen des Projektes „Erleichterung von Teilzeitarbeit (TZ) für Assistenz- und OberärztInnen mit Ziel einer akademischen Karriere“ soll mit dieser Umfrage generell die aktuelle Situation zum Thema TZ an den wichtigsten Ausbildungsspitalern in der Nordwestschweiz eruiert werden.

Dieses Projekt wird vom Bundesprogramm für Chancengleichheit finanziert und wird vom Human Resources Management des Universitätsspitals Basel unterstützt, mit dem längerfristigen Ziel, Teilzeitarbeit zu erleichtern und zu unterstützen.

Diese Umfrage nimmt 20 Min. in Anspruch. Bitte ausfüllen, auch wenn Sie nicht Teilzeit arbeiten. Damit unterstützen Sie die Arbeit der Gleichstellungskommission der Medizinischen Fakultät der Universität Basel.

Vielen Dank, dass Sie sich dafür die Zeit nehmen!

Alle Informationen werden anonym aufgenommen (keine Namensnennung).

Bitte beachten Sie, dass Ihre Angaben bei vorzeitigem Schliessen der Umfrage verloren gehen. Bitte vor Ende März ausfüllen.

Bei Fragen wenden Sie sich bitte an Frau Prof I. Hösli, Leiterin der Gleichstellungskommission, oder an Frau N. Laissue, Projektkoordinatorin.

IHoesli@uhbs.ch  
Nathalie.Laissue@unibas.ch

## 2. Angaben zur Person

### 1. Geschlecht

- weiblich
- männlich

### 2. Angaben zur Stellung

Geburtsjahr	<input type="text"/>
Funktion	<input type="text"/>
Arbeitsort	<input type="text"/>
Abteilung	<input type="text"/>
Dauer der gegenwärtigen Anstellung bis	<input type="text"/>

### 3. Zivilstand

- ledig
- feste Partnerschaft
- verheiratet
- geschieden
- allein erziehend

# Umfrage zu Teilzeit-Arbeit in der Medizin 2011

## 4. Haben Sie Kinder? (Wenn nicht bitte zur übernächsten Frage)

- ja  
 nein

## 5. Wenn Sie Kinder haben, wann wurden sie geboren? (Bitte Geburtsjahr/e angeben)

1. Kind	<input type="text"/>
2. Kind	<input type="text"/>
3. Kind	<input type="text"/>
4. Kind	<input type="text"/>

## 6. Sind (mehr) Kinder Teil Ihrer Zukunftsplanung?

- ja  
 nein  
 weiss (noch) nicht

## 3. Karrierestufe und -ziele

### 1. Erreichte Karrierestufe

Promotion im Jahr:	<input type="text"/>
Beginn der Weiterbildung als Assistenzarzt/-ärztein im Jahr:	<input type="text"/>
Ort:	<input type="text"/>
Erhalt des FMH-Titels im Jahr:	<input type="text"/>
genaue Fachbezeichnung:	<input type="text"/>
Antritt der Oberarzt/-ärztlInnen-Stelle im Jahr:	<input type="text"/>
Subspezialisierung im Jahr:	<input type="text"/>
Habilitation im Jahr:	<input type="text"/>
Sonstiges im Jahr:	<input type="text"/>
nämlich:	<input type="text"/>

# Umfrage zu Teilzeit-Arbeit in der Medizin 2011

## 2. Karriere-Ziele für die nächsten 5 – 10 Jahre

- Promotion
- 1. FMH-Titel
- 2. FMH-Titel
- Oberarzt/-ärztinnen-Stelle
- Hausarzt/-ärztin mit eigener Praxis
- Hausarzt/-ärztin in Gemeinschaftspraxis
- Spitalarzt/-ärztin (permanente Stelle als Spezialistin ohne universitäre Funktion)
- Habilitation
- Habilitation + leitende Arzt/Ärztinnenposition in Unispital
- Habilitation + Chefarzt/-ärztinnenposition in kleinerem Spital
- Habilitation + leitende Position in Forschung, Industrie

Bemerkungen

## 3. Klinische Ausbildung (erreichte Ziele)

- Fremd Jahr für FMH
- FMH schriftliches Examen
- FMH praktisches Examen
- FMH fachspezifische Ausbildungszeit
- 2. FMH-Titel/Subspezialisierung

## 4. Lehre/ Habilitation/Professur (erreichte Ziele)

- Regelmässige Tätigkeit in der Lehre
- Zur Zeit laufendes Habilitationsverfahren

## 5. Forschung (erreichte Ziele)

- ≥ 6 Monate wissenschaftl. Tätigkeit (mind. 80 %) im Ausland
- ≥ 6 Monate wissenschaftl. Tätigkeit (mind. 80 %) in der Schweiz
- Erhalt eines wissenschaftl. Preises
- Eingabe Forschungsgesuch
- Bewilligung Forschungsgesuch
- Zusprache Stipendium
- Durchführung Forschungsarbeit/ Projekt
- Aufbau wissenschaftl. Forschungskooperation
- Einreichung einer ersten Publikation

# Umfrage zu Teilzeit-Arbeit in der Medizin 2011

**6. Wie viele Publikationen als Erst- oder Co-AutorIn haben Sie in den letzten 2 Jahren in peer reviewed journals publiziert?**

## 4. Verhältnis Arbeitszeit / Wissenschaftliche Arbeit

**1. Zu wie viel Prozent sind Sie zurzeit angestellt?**

**2. Wie hoch ist Ihre wöchentliche Arbeitszeit (in Stunden) über die letzten 12 Monate?**

- 20h – 30h
- 30h – 40h
- 40h – 50
- 50h - 55h
- 55h - 60h
- 60h - 65h
- 65h - 70h
- ≥ 70h

**3. Wenn Sie die Möglichkeit hätten, Teilzeit zu arbeiten, würden Sie diese wahrnehmen?**

- ja
- nein
- ich arbeite bereits Teilzeit

**4. Über welchen Zeitraum würden Sie gerne Teilzeit arbeiten, wenn Sie die Möglichkeit hätten?**

**5. Falls Sie Teilzeit angestellt sind: Würden Sie gerne mehr arbeiten?**

- ja
- nein

**6. Wie viele Stellenprozente wären für Sie ideal?**

**7. Falls Sie 100% arbeiten: Trifft folgende Aussage auf Sie zu?**

**"Ich arbeite gerne 100% und finde meine jetzige Stunden-pro-Wochenzahl in Ordnung"**

- ja
- nein

# Umfrage zu Teilzeit-Arbeit in der Medizin 2011

## 8. Falls Sie vorherige Frage mit "nein" beantwortet haben: Welche Anzahl Stunden pro Woche fänden Sie in Ordnung bei einem 100% Pensum?

## 9. Wie hoch ist der prozentuelle Anteil an:

Klinischer Tätigkeit (Patientenversorgung)

Lehre

Wissenschaftliche Arbeit

## 10. Wie hoch ist die Stundenzahl, die Sie pro Woche für wissenschaftliche Arbeit aufwenden?

- 0h
- 1-5h
- 5-10h
- 10-15h
- 15-20h
- ≥ 20

## 5. Bitte Zutreffendes ankreuzen

### 1. Ich sehe betriebliche Vorteile von Teilzeit-Arbeit in:

	trifft voll zu	trifft grösstenteils zu	trifft teils zu	trifft nicht zu
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der Nutzung ausserberuflich erworbener Kompetenzen

   

geringeren Fluktuationsraten

   

dem Erhalt von Wissen im Unternehmen

   

der Bewältigung der demographischen Alterung

   

der Erhöhung der Attraktivität auf dem Arbeitsmarkt

   

der Berücksichtigung von (veränderten) Werten und Bedürfnissen von Mitarbeitenden

   

der Reduktion von Lohnkosten

   

der Entgegenwirkung der Problematik der Unersetbarkeit in höheren Positionen

   

der Erhöhung der Motivation des Teilzeit-Arbeitenden

   

der erhöhten Arbeitsproduktivität des Teilzeit-Arbeitenden

   

den geringeren Fehlzeiten von Teilzeit-Arbeitenden

   

Bemerkungen

# Umfrage zu Teilzeit-Arbeit in der Medizin 2011

## 2. In Teilzeit-Arbeit sehe ich folgende Risiken:

	trifft voll zu	trifft grösstenteils zu	trifft teils zu	trifft nicht zu
Teilzeit-Arbeit schafft einen höheren Koordinations- und Kommunikationsaufwand	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teilzeit-Arbeit macht die Planung des Personaleinsatzes komplexer und damit schwieriger	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teilzeit-Arbeit führt zu einer höheren Belastung für das Team	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teilzeit-Arbeit führt zu einer Zunahme von Überstunden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teilzeit-Arbeit erschwert den Informationsfluss	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teilzeit-Arbeit kann zu einer Benachteiligung bezüglich vertraglichen Regelungen, Sozialversicherungen und Überstunden führen	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wer Teilzeit arbeitet, hat geringere berufliche Aus- und Weiterbildungsmöglichkeiten	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Durch Teilzeit-Arbeit entsteht eine höhere Arbeitsbelastung für den Arbeitnehmenden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teilzeit-Arbeit schränkt die beruflichen Entwicklungsperspektiven ein	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Im Vergleich zu Vollzeit-Arbeitenden erleben Teilzeit-Arbeitende eher den Ausschluss von wichtigem Info-Austausch und Networking (Meetings werden oft dann terminiert, wenn der Teilzeit-Arbeitende abwesend ist)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Im Vergleich zu Vollzeit-Arbeitenden erleben Teilzeit-Arbeitende eher, dass sie bei Bewerbungen weniger oder gar nicht berücksichtigt werden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Bemerkungen

## 3. Als ArbeitnehmerIn erlebe ich folgende Vorteile der Teilzeit-Arbeit (falls Sie nicht Teilzeit arbeiten zur nächsten Seite (6) Frage 1 bzw. 2):

	trifft voll zu	trifft grösstenteils zu	trifft teils zu	trifft nicht zu
Teilzeit-Arbeit erlaubt mir eine erhöhte Zeitautonomie	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Durch Teilzeit-Arbeit wird es mir erleichtert, einen Ausgleich zwischen Beruf und anderen Lebensbereichen (Familie, Freizeit, Aus- und Weiterbildung) zu schaffen	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teilzeit-Arbeit ermöglicht mir eine ausgeglichener Arbeitsbelastung im Verlauf meiner Erwerbsbiographie	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teilzeit-Arbeit bringt mir eine höhere Leistungsfähigkeit, höhere Konzentration und Aufmerksamkeit, geringere Fehlerquoten	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teilzeit-Arbeit wirkt sich positiv auf den Erhalt meiner Gesundheit aus	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Bemerkungen

## 6. Bitte Zutreffendes ankreuzen

# Umfrage zu Teilzeit-Arbeit in der Medizin 2011

## 1. Bitte beantworten, wenn Sie Kinder haben (ansonsten zur nächsten Frage):

	trifft voll zu	trifft grösstenteils zu	trifft teils zu	trifft nicht zu
Die Institution, bei der ich angestellt bin, nimmt zu wenig Rücksicht auf MedizinerInnen mit Familie	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mein Kind wird familienergänzend betreut (Krippe, Tagesmutter etc.)	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mein Kind wird familienintern betreut (Partner, Grossmutter etc.)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Falls das Kind in einer Krippe betreut wird: Die Krippe, welche meine Kinder betreut, nimmt mit ihren Öffnungszeiten zu wenig Rücksicht auf die besonderen Bedürfnisse von MedizinerInnen (Nachschicht, Notfälle)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Die Doppelbelastung Familie und Beruf hat sich negativ auf meine Karriere ausgewirkt	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bemerkungen	<input type="text"/>			

## 2. Individuelle Anschauungen

	trifft voll zu	trifft grösstenteils zu	trifft teils zu	trifft nicht zu
In meiner Klinik halte ich die Einführung von Teilzeitstellen für sinnvoll	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ich glaube, dass Teilzeit-Arbeit ein individuelles Bedürfnis bleibt und die Mehrheit der ÄrztInnen sich auch bei genügend Teilzeit-Angeboten für Vollzeitstelle entscheiden würden	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Der Umstieg von Teilzeit-Arbeit zu Vollzeit-Arbeit gestaltet sich schwierig	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Es ist schwierig, Vorgesetzten klar zu machen, dass Karriereschritte auch nach jahrelanger Teilzeit-Arbeit möglich sind	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Gewisse Fachrichtungen ziehen durch Teilzeit-Angebote MitarbeiterInnen an, die sich weniger für eine Karriere interessieren	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ich glaube, dass Top-Positionen mit mehr als 100% Arbeitseinsatz (CA, FA) zunehmend an Reiz, Prestige und Attraktivität verlieren	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Es fehlt an Rollenvorbildern von Teilzeit-Arbeitenden in leitenden Positionen	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mitarbeitende mit Kindern übertragen eher Betreuungs-Probleme in den Beruf	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Bemerkungen	<input type="text"/>			

# Umfrage zu Teilzeit-Arbeit in der Medizin 2011

## 3. Betriebswirtschaftliche Massnahmen

	trifft voll zu	trifft grösstenteils zu	trifft teils zu	trifft nicht zu
I Teilzeit-Arbeit sollte für Karriere-Interessierte an Ihrer Klinik nicht unter 80% möglich sein	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teilzeit-Arbeit sollte für Karriere-Interessierte an Ihrer Klinik nicht unter 50% möglich sein	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teilzeit-Arbeit sollte nur nach Abschluss des Facharzttitels angeboten werden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teilzeit-Arbeit sollte zuerst auf Fachgebietsebene implementiert werden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Teilzeit-Arbeit sollte auf Universitätsebene implementiert werden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
On-site Kinder-Betreuung sollte allen Mitarbeitern von Spitätern in Basel und Umgebung zur Verfügung stehen – mit an die Bedürfnisse von ÄrztInnen angepassten Öffnungszeiten	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Stipendien und Preise sollten an die Forschungsaktivitäten statt ans biologische Alter gekoppelt werden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Eine bessere Geschlechterdurchmischung in Entscheidungsgremien wäre für die Beeinflussung von Arbeitszeitmodellen wichtig und sollte auf jeden Fall angestrebt werden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Bemerkungen

## 7. Bitte Zutreffendes ankreuzen

### 1. Was gibt Ihnen Energie für Ihre Arbeit?

	trifft voll zu	trifft grösstenteils zu	trifft teils zu	trifft nicht zu
Faszination am Beruf	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Patientenkontakt	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Gutes Arbeitsklima	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wissensdurst	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Partner/Familie/Freunde	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Erfolge	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hobbies	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Anerkennung von Vorgesetzten	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Perspektiven	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Aufstiegsmöglichkeiten	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Zusammenarbeit mit hochspezialisierten Kollegen	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Forschungsmöglichkeit	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Handlungs-/Gestaltungsfreiheit	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Regelmässige Karrieregespräche (mit Unterstützung bei Bedarf)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Anderes, nämlich:

# Umfrage zu Teilzeit-Arbeit in der Medizin 2011

## 2. Von welchen Kollaborationen profitieren Sie in Ihrer Klinik?

	trifft voll zu	trifft grösstenteils zu	trifft teils zu	trifft nicht zu
Kooperationen mit anderen regionalen Spitätern	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Kooperationen/Kontakte (für Weiterbildung) mit internationalen Partnern	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Meetings, Kongresse u.a.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Unterstützung durch Vorgesetzte	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Forschungskollaborationen müssen selbst gefunden und voran getrieben werden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Aufstellen von Teams für Forschungsarbeiten	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Anderes, nämlich	<input type="text"/>			